

Conference Learnings

Tanya Bauer BSN, RN
Lehigh Valley Health Network

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CONFERENCE LEARNINGS

Inpatient Diabetes Care: Putting Evidence into Practice to
Improve Diabetes Care

Lehigh Valley Health Network- Cedar Crest Site

Allentown, PA

7/31/2013



Tanya Bauer RN BSN

Staff Nurse- Float Pool

Muhlenberg

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Conference Topics

- Evidence based research regarding glycemic control and rationale for inpatients.
- Nursing priorities and care to diabetic patients in inpatient setting.
- Diabetic medication overview.
- Survival skills and nursing education for the diabetic patients.

Learnings to Consider

Strategies to reduce Blood Glucose

- Notify provider if 2 or more Blood Sugars are >180 in 24 hours
- Emphasis of appropriate timing of Blood Glucose monitoring, insulin and meals
 - ➡ Correctional Insulin should be given within 30 minutes of result.
 - ➡ Assure that 3 hours elapse between meals and next BG test.
 - ➡ HS Blood Glucose is checked 3 hours after meals.

Learnings to Consider

Carbohydrate Counting

- Make sure to look at serving size on left side of meal ticket next to carbohydrate for accurate calculations.
- Chart meal completion and grams of carbohydrates consumed on Vital Signs screen.
- Give coverage within 20 minutes at most of eating.

Sharing Learnings

- **Conference Learnings shared at LVH-M Float Pool Staff Meeting on 10/9/13. Learnings recorded in meeting minutes for distribution to staff.**
- **Conference Learning Power Point forwarded to LVH-M Float Pool RNs for review.**